



**J. Maitz
Skating Skills
Academy**

SUMMER HOCKEY CLINICS

Mondays

Beginners 4:15-4:45pm

Intermediate 4:45-5:45pm

Dry Land Training 6:00-6:45pm

&

Thursdays

Beginner 5:00-5:30pm

Intermediate 5:30-6:30pm

Clinic's include:

- Improving Strides
- Quick Stops & Transitions
- Lateral Movements
- Faster Backwards Skating
- Passing
- Endurance, Strength & Conditioning
- And much more

**FULL GEAR
REQUIRED FOR ALL
ON ICE CLINICS**

Registration Information:

Sign up online at
jmaitzskatingskillsacademy.com

Register for all clinics, just
Mondays or Thursdays, or a
Drop-in clinic

Monday Dates:

June 16, 23, 30

July 7, 14, 21, 28

August 4, 11, 18

10 Weeks Total

Beginner \$190

Intermediate \$380

Thursday Dates:

June 19, 26

July 10, 27, 24, 31

August 7, 14, 21

No July 3rd

9 Weeks Total

Beginner \$171

Intermediate \$342

All 19 Clinics!

Beginner \$350

Intermediate \$700

Dry Land Training

\$15 per player per diem

**Can't commit to all the
dates. No problem!
Drop into a Clinic!**

Drop-in Rate
Beginner

\$20

Drop-in Rate
Intermediate

\$40

